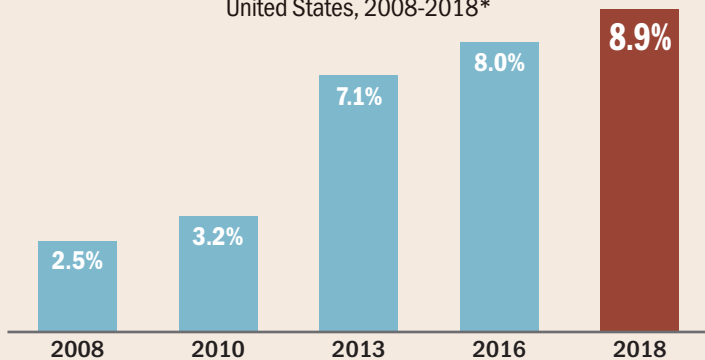


WITH
2018
HCUP
DATA

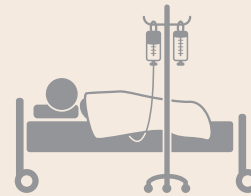
MALNOURISHED HOSPITALIZED PATIENTS

CONTINUE TO RISE

Prevalence of Malnutrition Diagnoses in Discharged Patients
United States, 2008-2018*



*Years 2008-2010 were all hospital discharges, 2013-2018 were non-maternal, non-neonatal hospital discharges.



2.5 MILLION
Hospital Stays Involved
Malnutrition

30-day Readmissions Are

1.4X HIGHER

In Patients With Malnutrition as
Compared to Patients With
No Malnutrition



MALNUTRITION IS MORE PREVALENT AMONG

OLDER AMERICANS

Malnutrition is
1.7x More Prevalent
In Those Aged 85+

Than Other Age Categories

Almost 60% of All
Malnutrition Diagnoses
Are in Older Adults



AFRICAN AMERICANS

393,475 Malnourished
Patients Were African American



LOWEST INCOME COMMUNITIES

749,405 Malnourished
Patients Were From
Low Income Communities



THOSE WITH MALNUTRITION ARE

3.4x
MORE LIKELY

To Have In-Hospital Death



2.2x MORE LIKELY
To Be Admitted with a
Serious Infection

Admitted From the
Emergency Department at a

12%
HIGHER RATE



HELP STOP MALNUTRITION: nutritioncare.org/malnutrition

Based on 2018 HCUP data.

Guenther P, Abdelhadi R, Anthony P, et al. Malnutrition diagnoses and associated outcomes in hospitalized patients: United States 2018.

Nutr Clin Pract. 2021 <https://doi.org/10.1002/ncp.10771>

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