

WITH  
2018  
HCUP  
DATA

# MALNOURISHED HOSPITALIZED PATIENTS ARE ASSOCIATED WITH

## POORER OUTCOMES

*Malnourished Patients Have:*

**3.4x  
HIGHER**

**In-Hospital Deaths**  
Than Those  
Without Malnutrition



**1.9x  
LONGER**

**Hospital Stays**  
Than Those  
Without Malnutrition



**2.0x  
HIGHER**

**Discharge Rates**  
to Long-Term Care or  
Rehab Facilities



**1.4x  
HIGHER**

**Need for Home  
Health Care  
Services**

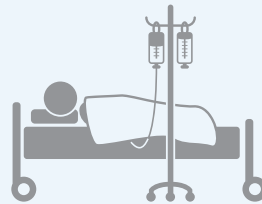


## HIGHER ECONOMIC BURDEN

**\$58  
BILLION**



Total Costs  
Associated with  
Malnutrition Stays  
(18% Increase  
from 2016)



Hospital Costs for Patients  
with Malnutrition are

**73% HIGHER**

Than Those Without Malnutrition

Readmission Stays for Those  
Malnourished Add

**\$10,000  
MORE**

to Hospital  
Stay Cost



**HELP STOP MALNUTRITION: [nutritioncare.org/malnutrition](https://nutritioncare.org/malnutrition)**

Based on 2018 HCUP data.

Guenther P, Abdelhadi R, Anthony P, et al. Malnutrition diagnoses and associated outcomes in hospitalized patients: United States 2018.

Nutr Clin Pract. 2021 <https://doi.org/10.1002/ncp.10771>

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